

Holy Saviour Croydon

Third Sunday Of Lent

8th March 2026

Entrance Hymn: 195 - Praise The Lord, Ye Heavens Adore Him

Hymn Before the Gospel: 118 – Firmly I Believe And Truly

Offertory Hymn 331 – The God Of Abraham Praise

Communion Hymn: HHS 49 - Be Still For The Presence

Final Hymn: 171 – Thy Hand O God Has Guided

COLLECT FOR THE DAY

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever **Amen**

FIRST READING: Exodus 17.1-7 Craig

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. ²The people quarrelled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" ³But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" ⁴So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." ⁵The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. ⁶I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. ⁷He called the place Massah and Meribah because the Israelites quarrelled and tested the Lord, saying, "Is the Lord among us or not?"

Psalm 95 vv 1-11



- 1 O come let us ' sing unto the ' Lord : let us heartily rejoice in the ' strength of ' our sal'vation.
- 2 Let us come before his ' presence with ' thanksgiving : and shew ourselves ' glad in ' him with ' psalms.
- 3 For the Lord is a ' great ' God : and a great ' King above ' all ' gods.
- 4 In his hand are all the ' corners of the ' earth : and the strength of the ' hills is ' his ' also.
- 5 The sea is his and ' he ' made it : and his hands pre'pared the ' dry ' land.

- 6 O come let us worship and ' fall ' down : and kneel be'fore the ' Lord our ' Maker.
7 For he is the ' Lord our ' God : and we are the people of his pasture, and the ' sheep of ' his ' hand.
8 To-day if ye will hear his voice, harden ' not your ' hearts : as in the provocation, and as in the day of temp'tation ' in the ' wilderness;
9 When your fathers ' tempted ' me : proved ' me and ' saw my ' works.
10 Forty years long was I grieved with this gene'ration and ' said : It is a people that do err in their hearts, for they ' have not ' known my ' ways;
11 Unto whom I ' sware in my ' wrath : that they should not ' enter ' into my ' rest.

*We remain seated for the concluding doxology: **Glory be to the Father and to the Son : and to the Holy Ghost; as it was in the beginning, is now and ever shall be : world without end. Amen***

SECOND READING: Romans 5.1-11– Sheri

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, ²through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. ³And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, ⁴and endurance produces character, and character produces hope, ⁵and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. ⁶For while we were still weak, at the right time Christ died for the ungodly. ⁷Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. ⁸But God proves his love for us in that while we still were sinners Christ died for us. ⁹Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. ¹⁰For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. ¹¹But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

GOSPEL – John 4:5-42 – Lillian

So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. ⁶Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. ⁷A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." ⁸(His disciples had gone to the city to buy food.) ⁹The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.)¹⁰ Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." ¹¹The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water?" ¹²Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" ¹³Jesus said to her, "Everyone who drinks of this water will be thirsty again, ¹⁴but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." ¹⁵The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." ¹⁶Jesus said to her, "Go, call your husband, and come back." ¹⁷The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; ¹⁸for you have had five husbands, and the one you have now is not your husband. What you have said is true!" ¹⁹The woman said to him, "Sir, I see that you are a prophet. ²⁰Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." ²¹Jesus said to

her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. ²² You worship what you do not know; we worship what we know, for salvation is from the Jews. ²³ But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. ²⁴ God is spirit, and those who worship him must worship in spirit and truth." ²⁵ The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." ²⁶ Jesus said to her, "I am he, the one who is speaking to you." ²⁷ Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' ²⁸ Then the woman left her water-jar and went back to the city. She said to the people, ²⁹ 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, ^[e] can he?' ³⁰ They left the city and were on their way to him. ³¹ Meanwhile the disciples were urging him, 'Rabbi, eat something.' ³² But he said to them, 'I have food to eat that you do not know about.' ³³ So the disciples said to one another, 'Surely no one has brought him something to eat?' ³⁴ Jesus said to them, 'My food is to do the will of him who sent me and to complete his work. ³⁵ Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting. ³⁶ The reaper is already receiving ^[f] wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. ³⁷ For here the saying holds true, "One sows and another reaps." ³⁸ I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.' ³⁹ Many Samaritans from that city believed in him because of the woman's testimony, 'He told me everything I have ever done.' ⁴⁰ So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. ⁴¹ And many more believed because of his word. ⁴² They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

INTERCESSIONS –

We Pray for those Unwell in Body, Mind or Spirit:

Camilla Harley, Miranda, Rev Pat, Grace, Paul, Sue, Jonathan Lane, Sam's wife Pearl, Tom, Redva's niece Olivia, Sharon, Caroline Arthurscooke, Juana Vega, Chris Hubbucks, Julie Cornfield, Cherelle, Julie Johns, Lyn Johns, Paulina Larios, Katharine, Allen, Tracey and Ann Davis, David, Milton Findlay, Clifford, Finn, Tony, Julie and her father, Billy, Jacob, Ellie and her mother, Sally, Jennifer, Brandon, Billy's Uncle Richard, Barbara G, Janine H, John J, Geraldine, Sandra, Kat's sister Christine, Jean, Sarah's mother Fedora, Matt, Brenda, Stephanie, Minnie, Alexander, Cousin Zen, Christopher, Denise M, Enid, Simon & Samantha, Girish, Pat, Ron, Cleveland, Britt, Veronica Vernon, Pauline Temiz, Brian Cresswell, The King, and the Princess of Wales

We pray for those who mourn

We pray for the souls of those we have lost this year. We pray for James Coffie Ekem Murnell Marrant, whose year's mind falls at this time May light perpetual shine upon them. May they rest in peace. **And rise in glory.**

POST COMMUNION PRAYER

Merciful Lord, grant your people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow you, the only God; through Jesus Christ our Lord. **Amen**

PRAYER OF ST FRANCIS OF ASSISI

Lord, make me an instrument of your peace;
Where there is hatred, let me sow love;
Where there is injury, pardon;
Where there is doubt, faith;
Where there is despair, hope;
Where there is darkness, light; Where there is sadness, joy;
O Divine Master, Grant that I may not so much seek to be consoled as to console;
To be understood as to understand; To be loved as to love;
For it is in giving that we receive; it is in pardoning that we are pardoned;
And it is in dying that we are born to eternal life.

Rev'd Tomos Reed, Holy Saviour

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Hall Bookings: info@holysaviourcroydon.co.uk

For Baptisms (Christenings) and Weddings, please speak to or contact the Vicar

Safeguarding Information & Policies

All our parish policies, including safeguarding policies relating to our work with children and vulnerable adults, can be found at <https://holysaviourcroydon.co.uk/safeguarding/>

Services this Week & Other Events

Sat 7 Mar	11am – Holy Dusters
Sun 8 Mar	10am Third Sunday Of Lent — Fr Tomos presiding and preaching
Wed 11 Mar	10am – Midweek Communion
<hr/> Bishop of Southwark's Lent Call: 'Start children on the way they should go' (Proverbs 22:6). Bishop Christopher is asking you to support projects that focus on the work of schools that will help benefit children and young people to flourish in our link dioceses in Zimbabwe and Jerusalem, as well as closer to home in South London and East Surrey. More details can be found at: https://southwark.anglican.org/news-events/events/lent-call/	
Sun 15th March	Next Sunday School Session (Mothering Sunday)
<hr/> Holy Week Services	
Sun 29 Mar	10am - Parish Eucharist for Palm Sunday
Wed 1 Apr	10am - Holy Communion
Thurs 2 Apr	11am – Chrism Eucharist at Southwark Cathedral 8pm - Eucharist of the Lord's Supper with washing of feet and stripping of the altars
Fri 3 Apr	10am – Stations of the Cross 2.30pm – Liturgy of Good Friday and Veneration of the Cross
Sun 5 Apr	6am - The Easter Vigil 10am – Parish Eucharist on Easter Day
Sat 18th July	Retirement of the Bishop of Southwark: Bishop Christopher's last service will take place at Southwark Cathedral at 12pm on Saturday 18 July.

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