

Holy Saviour Croydon

First Sunday Of Lent

22nd February 2026

Entrance Hymn: 56 - Forty Days And Forty Nights

Hymn Before the Gospel: 55 - Christian Dost Thou See Them

Offertory Hymn 123 - Jesu Lover Of My Soul

Communion Hymn :129 - Lord Jesus Think On Me

Final Hymn: 194 - King Of Glory King Of Peace

COLLECT FOR THE DAY

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

FIRST READING: *Genesis 2: 15-17, 3:1-7 Christine*

¹⁵ The Lord God took the man and put him in the garden of Eden to till it and keep it. ¹⁶ And the Lord God commanded the man, "You may freely eat of every tree of the garden; ¹⁷ but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." ¹ Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" ² The woman said to the serpent, "We may eat of the fruit of the trees in the garden; ³ but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" ⁴ But the serpent said to the woman, "You will not die; ⁵ for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." ⁶ So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. ⁷ Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Psalm 32 – vv 1-12

5 PSALM IV. Dr. E. G. MONK.



1 Blessed is he whose unrighteousness ' is for'given : and whose ' sin ' is ' covered.

- 2 Blessed is the man unto whom the Lord im'puteth no ' sin : and in whose ' spirit there ' is no ' guile.
- 3 For while I ' held my ' tongue : my bones consumed away ' through my ' daily com'plaining.
- 4 For thy hand is heavy upon me ' day and ' night : and my moisture is ' like the ' drought in ' summer.
- 5 I will acknowledge my sin ' unto ' thee : and mine un'righteousness ' have I not ' hid.
- 6 I said I will confess my sins ' unto the ' Lord : and so thou forgavest the ' wickedness ' of my ' sin.
- 7 For this shall every one that is godly make his prayer unto thee, in a time when thou ' mayest be ' found : but in the great water-floods ' they shall ' not come ' nigh him.
- 8 Thou art a place to hide me in, thou shalt pre'serve me from ' trouble : thou shalt compass me a'bout with ' songs of de'liverance.
- 9 I will inform thee, and teach thee in the way wherein ' thou shalt ' go : and I will ' guide thee ' with mine ' eye.
- 10 Be ye not like to horse and mule, which have no ' under'standing; whose mouths must be held with bit and bridle ' , lest they ' fall up on thee.
- 11 Great plagues remain ' for the un'godly, but whoso putteth his trust in the Lord, mercy embraceth ' him on ' every ' side.
- 12 Be glad, O ye righteous, and rejoice ' in the ' Lord; and be joyful all ' ye that are ' true of ' heart.

*We remain seated for the concluding doxology: **Glory be to the Father and to the Son : and to the Holy Ghost; as it was in the beginning, is now and ever shall be : world without end. Amen***

SECOND READING: Romans 5: 12-19 – Maria

¹² Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned— ¹³ sin was indeed in the world before the law, but sin is not reckoned when there is no law. ¹⁴ Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. ¹⁵ But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. ¹⁶ And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. ¹⁷ If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. ¹⁸ Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. ¹⁹ For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

GOSPEL – Matthew 4: 1-11–Marie

¹ Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. ² He fasted forty days and forty nights, and afterwards he was famished. ³ The tempter came and said to him,

“If you are the Son of God, command these stones to become loaves of bread.”⁴ But he answered, “It is written, ‘One does not live by bread alone, but by every word that comes from the mouth of God.’”⁵ Then the devil took him to the holy city and placed him on the pinnacle of the temple,⁶ saying to him, “If you are the Son of God, throw yourself down; for it is written, ‘He will command his angels concerning you,’ and ‘On their hands they will bear you up, so that you will not dash your foot against a stone.’”⁷ Jesus said to him, “Again it is written, ‘Do not put the Lord your God to the test.’”⁸ Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour;⁹ and he said to him, “All these I will give you, if you will fall down and worship me.”¹⁰ Jesus said to him, “Away with you, Satan! for it is written, ‘Worship the Lord your God, and serve only him.’”¹¹ Then the devil left him, and suddenly angels came and waited on him.

INTERCESSIONS – Christine

We Pray for those Unwell in Body, Mind or Spirit:

Miranda, Ron Ritchie, Rev Pat, Grace, Paul, Sue, Jonathan Lane, Sam’s wife Pearl, Tom, Redva’s niece Olivia, Sharon, Caroline Arthurscooke, Juana Vega, Chris Hubbucks, Julie Cornfield, Cherelle, Julie Johns, Lyn Johns, Paulina Larios, Katharine, Allen, Tracey and Ann Davis, David, Milton Findlay, Clifford, Finn, Tony, Julie and her father, Billy, Jacob, Ellie and her mother, Sally, Jennifer, Brandon, Billy’s Uncle Richard, Barbara G, Janine H, John J, Geraldine, Sandra, Kat’s sister Christine, Jean, Sarah’s mother Fedora, Matt, Brenda, Stephanie, Minnie, Alexander, Cousin Zen, Christopher, Denise M, Enid, Simon & Samantha, Girish, Pat, Ron, Cleveland, Britt, Veronica Vernon, Pauline Temiz, Brian Cresswell, The King, and the Princess of Wales

We pray for those who mourn

We pray for the souls of those we have lost this year. We pray for Murnell Marrant, whose year’s mind falls at this time May light perpetual shine upon them. May they rest in peace.

And rise in glory.

POST COMMUNION PRAYER

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. **Amen**

PRAYER OF ST FRANCIS OF ASSISI

Lord, make me an instrument of your peace;
Where there is hatred, let me sow love;
Where there is injury, pardon;
Where there is doubt, faith;
Where there is despair, hope;
Where there is darkness, light; Where there is sadness, joy;
O Divine Master, Grant that I may not so much seek to be consoled as to console;
To be understood as to understand; To be loved as to love;
For it is in giving that we receive; it is in pardoning that we are pardoned;
And it is in dying that we are born to eternal life.

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For Baptisms (Christenings) and Weddings, please speak to or contact the Vicar

Safeguarding Information & Policies

All our parish policies, including safeguarding policies relating to our work with children and vulnerable adults, can be found at <https://holysaviourcroydon.co.uk/safeguarding/>

Services this Week & Other Events

- Sun 22 Feb** **10am First Sunday Of Lent — Fr Tomos presiding & Reader James preaching; Tea and Coffee After The Service**
- Wed 25 Feb** **10am – Midweek Eucharist**
- Sun 1 Mar** **10am Second Sunday Of Lent — Fr Tomos presiding and preaching**

Bishop of Southwark's Lent Call: 'Start children on the way they should go' (Proverbs 22:6). Schools play such a crucial role in everyone's lives and Bishop Christopher is asking you to support projects that focus on the work of schools that will help benefit children and young people to flourish in our link dioceses in Zimbabwe and Jerusalem, as well as closer to home in South London and East Surrey. More details can be found at:

<https://southwark.anglican.org/news-events/events/lent-call/>

- Sun 15th March** **Next Sunday School Session (Mothering Sunday)**
- Sat 18th July** **Retirement of the Bishop of Southwark:** Bishop Christopher's last day in office will be 4 August 2026 and his last service will take place at Southwark Cathedral at 12pm on Saturday 18 July.
- Sun 19 July** **Deanery Confirmation Service:** Bishop Rosemarie will be visiting the deanery on Sunday 19 July 2026 to Confirm candidates. Now that we have a firm date for the service, Holy Saviour will be organising preparation classes in the New Year. Please let the vicar know if you, or your children, would like to be confirmed.

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