

HOLY SAVIOUR CHURCH CROYDON

First Sunday of Lent

26th February 2023

HYMN 1: 56– Forty days and forty nights

COLLECT FOR THE DAY

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Amen

OT Reading – Genesis 2: 15-17, 3:1-7 Christine

¹⁵ The Lord God took the man and put him in the garden of Eden to till it and keep it. ¹⁶ And the Lord God commanded the man, “You may freely eat of every tree of the garden; ¹⁷ but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.” Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden?’” ² The woman said to the serpent, “We may eat of the fruit of the trees in the garden; ³ but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’”

⁴ But the serpent said to the woman, “You will not die; ⁵ for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.”

⁶ So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. ⁷ Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Psalm 32:1-12 - *Beati, quorum*

Blessed is he whose unrighteousness is forgiven : and whose sin is covered.

² Blessed is the man unto whom the Lord imputeth no sin: and in whose spirit there is no guile.

³ For while I held my tongue: my bones consumed away through my daily complaining.

⁴ For thy hand is heavy upon me day and night: and my moisture is like the drought in summer.

⁵ I will acknowledge my sin unto thee: and mine unrighteousness have I not hid.

⁶ I said, I will confess my sins unto the Lord: and so thou forgavest the wickedness of my sin.

⁷ For this shall every one that is godly make his prayer unto thee, in a time when thou mayest be found: but in the great water-floods they shall not come nigh him.

⁸ Thou art a place to hide me in, thou shalt preserve me from trouble: thou shalt compass me about with songs of deliverance.

⁹ I will inform thee, and teach thee in the way wherein thou shalt go: and I will guide thee with mine eye.

¹⁰ Be ye not like to horse and mule, which have no understanding: whose mouths must be held with bit and bridle, lest they fall upon thee.

¹¹ Great plagues remain for the ungodly: but whoso putteth his trust in the Lord, mercy embraceth him on every side.

¹² Be glad, O ye righteous, and rejoice in the Lord: and be joyful, all ye that are true of heart.

Glory be to the Father and to the Son and to the Holy Ghost; as it was in the beginning, is now and ever shall be, world without end. Amen

NT Reading – Romans 5: 12-19 Murnell

¹² Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned— ¹³ sin was indeed in the world before the law, but sin is not reckoned when there is no law.

¹⁴ Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

¹⁵ But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. ¹⁶ And the free gift is not like the effect of the one man's

sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. ¹⁷ If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

¹⁸ Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. ¹⁹ For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Hymn 2: 55– Christian dost thou see

Gospel – Matthew 4: 1-11 - James

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. ² He fasted forty days and forty nights, and afterwards he was famished. ³ The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." ⁴ But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" ⁵ Then the devil took him to the holy city and placed him on the pinnacle of the temple, ⁶ saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" ⁷ Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" ⁸ Again, the devil took him to a very high mountain and showed him all the kingdoms

of the world and their splendour; ⁹ and he said to him, "All these I will give you, if you will fall down and worship me."

¹⁰ Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'"

¹¹ Then the devil left him, and suddenly angels came and waited on him.

INTERCESSIONS – Christine

We Pray Especially This Week:

- For those fearing the cost of ULEZ

- For those in hospital

We Pray for those Unwell in Body, Mind or Spirit:

Krish, Trudy's sister Sally, Christine C, Tracey Nash, Rev Peter's wife Jennifer, Brandon, Claudine, Billy's Uncle Richard, Barbara G, Margaret L, Janine H, Janet & John J, Stephen Mc, Geraldine, Sandra, Kat's sister Christine, Jean, Sarah's mother Fedora, Veronica F's friend, Matt, Tabitha's aunt, Brenda, Stephanie, Cyril, Minnie, Alexander, Cousin Zen, all at 44 Kimberley Road & Christopher, Miriam, Denise M, Ernestine, Simon & Samantha, Girish, Pat & Enid, Bridget, Adrian, Ron and all those we know and love

✠ The souls of those whose loss we remember now and always May light perpetual shine upon them

May they Rest in Peace

And rise in glory

We pray for all those mourning.

We Give Thanks and Praise:

- For those who volunteer

- For our friends and families

Offertory Hymn: 123– Jesus lover of my soul

Communion Hymns.

176– Happy are they

129 – Lord Jesus, think on me

Post Communion Prayer

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. Amen

Prayer of St Francis of Assisi

Lord, make me an instrument of your peace
Where there is hatred, let me sow love;
Where there is injury, pardon
Where there is doubt, faith
Where there is despair, hope
Where there is darkness, light
Where there is sadness, joy
O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love.
For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life.

Hymn 6-154 King of Glory, King of Peace

NOTICES FOR THE COMING WEEK

Please stay at home if you have cold or flu-like symptoms.

For Baptisms (Christenings) and Weddings, please speak to or contact the Vicar (vicar@holysaviourcroydon.co.uk) to arrange a good time to meet.

Morning Prayer is said in church at **9.00am on Tues, Wed and Thurs**

Today	10.00am First Sunday of Lent. Fr Tomos presiding and preaching + Sunday school. Refreshments in the hall after the service
Tues 28 Feb	Night Prayer will resume after Easter Sunday
Weds 1 Mar	10.00am – Midweek Holy Communion
Thurs 2 Mar	7.30pm – Zoom Lent Bible Study – Gospel of John – The Wedding at Cana (Email the vicar for the Zoom link)
Sat 4 Mar	10.00am-10.30am – Prayer for Healing and Wholeness 10.30am-11.30am – Holy Dusters
Sun 4 Mar	10.00am-11.15am – Parish Eucharist on the Second Sunday of Lent Fr Tomos presiding and preaching

THOUGHT FOR THE WEEK

“Did perpetual happiness in the Garden of Eden maybe get so boring that eating the apple was justified?”

— **Chuck Palahniuk, Survivor**

“Temptation is the feeling we get when encountered by an opportunity to do what we innately know we shouldn't.”

— **Steve Maraboli**

“... the devil doesn't come dressed in a red cape and pointy horns. He comes as everything you've ever wished for ...”

— **Max Tucker**

“The road to success is dotted with many tempting parking spaces.”

— **Will Rogers**

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